## NHS

## Essex Diabetic Eye Screening Programme



## Do you live with diabetes? Are you thinking of starting a family or are you expecting a little bundle of joy?

When you are pregnant and have diabetes we like to keep a closer eye on you.We advise that you attend diabetic eye screening every trimester, starting within the first 6 weeks of your pregnancy.

Please ask your Nurse or Consultant for more information or alternatively call our Booking Office to make an appointment on <u>01245 806100</u>

The Essex Diabetic Eye Screening Programme is provided by Health Intelligence Ltd, commissioned by NHS England Midlands & East (East) as part of the National Diabetic Eye Screening Programme