NHS

Essex Diabetic Eye Screening Programme



Make your way to the venue and let Reception know you have arrived



Read carefully and sign the consent form, if you have any questions ask your Screener



The Screener will come and collect you for your appointment



The Screener will ask you to read an eye chart



The Screener will apply some Tropicamide eye drops to dilate your eye



Return to the waiting room to let the drops dilate your eyes



After 15-20 minutes, the Screener will take a photograph of the back of your eye (retina)



The drops make your eyes sensitive, so bring sunglasses and don't drive for up to 4 hours



You will receive your result letter within a few weeks of your appointment

